

Rx Non-Adherence: A Picture of Poor Health and Opportunity for Retail Pharmacy and PBMs

Consequences of medication non-adherence include wasted medications, poor health & added medical expenses

30%

of prescriptions are never filled

69%

of non-adherence is attributable to behavioral issues like forgetfulness

Estimated direct and indirect costs of non-adherence in 2013 totaled

\$337 billion

With total health care spending in the United States averaging **\$9,255** per person in 2013, that's about

\$1 of every \$9 spent is wasted

Non-adherence costs the health system

\$290 billion

annually

Using home delivery increases the likelihood of being adherent by

19%



Patients are considered adherent when they have sufficient medication on hand at least

80% of the time

C+

is the average National Report Card on Adherence grade for adults with chronic conditions

7%

of plans use predictive analytics to identify the need for interventions, although more than

HALF

intend to begin using that method in the future

30% forgot if took Rx

22% took a lower dose

14% stopped taking

57% missed a dose

28% didn't refill in time

20% didn't refill new Rx

Non-Adherent Behaviors, past 12 Months:

For more information, call 866.396.7703 or visit lexisnexis.com/risk/health-care

Sources:

- The Costs of Nonadherence. Express Scripts. 2015

<https://lab.express-scripts.com/~media/pdfs/express%20scripts%20adherence%20white%20paper.ashx>

- Medication Adherence in America: A National Report Card. National Community of Pharmacists Association. June 2013.

http://www.ncpa.co/adherence/AdherenceReportCard_Full.pdf